

“FOR GOD AND COUNTRY, WE ASSOCIATE OURSELVES TOGETHER”

# The 268'er

A MONTHLY PUBLICATION OF WHEATON POST # 268

SEPTEMBER -- OCTOBER 2023

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## **COMMANDER'S MESSAGE**

The Fall is approaching and I am looking forward to my favorite season of them all. We have started the Legion Year and the train has left the station but first let me give you an update on all the exciting events that happened at Post 268 this Summer. On July 29<sup>th</sup> the Unit had an outstanding Chicken Parmesan Dinner. On August 14<sup>th</sup> the Unit had an impressive Sliders Dinner with your choice of Cheeseburgers, Chicken Salad or Tuna Salad with French Fries and Onion Rings.

The Hall Rentals continue to be a great success and is providing great revenue for the Post. Linda Sarkisian and her staff have been doing an excellent job when it comes to the Hall Rentals. There will be Hall rentals throughout the Year. Please support Linda in this endeavor. Keep in mind there are many ways to support Linda in this endeavor such as monitoring the Parking Lot which is needed to help provide members with a parking spot.

The Bands and Karaoke have been providing great entertainment to the Post. On July 8th Alan Faulk had a great Karaoke Night. On July 28<sup>th</sup> The Janus Project performed Rockin' Blues for Chad Trujillo's Retirement Party.

The events that took place were extraordinary. The Officer's Installation Ceremony for the Post, Unit, and SAL was held on Tuesday, June 20, 2023 at 7:00PM. The Installing Officer was District 5 1<sup>st</sup> Vice-Commander Will Speight. The Post Officers installed were Commander Patrick Cuff, 1<sup>st</sup> Vice-Commander Russ Wood, 2<sup>nd</sup> Vice-Commander Vernon Vogel, and Historian Roy Ignacio. On June 24, 2023 the 100 Club event was hosted by the Unit. It was a great event where a good number of participants won prizes. On June 25<sup>th</sup> I attended the Southern Maryland Region Meeting where we were planning for the Department of Maryland American Legion Convention in Ocean City, Maryland. From July 11-15 I attended the convention. On the first day of the convention I attended the training. The next day I went to the Post Everlasting. On the last day of the convention I participated in a runoff election for the Department of Maryland 1<sup>st</sup> Vice position. This runoff was the first runoff in about 25 years. If anyone wants to learn more about the American Legion I strongly recommend members to attend. On July 29<sup>th</sup> we had a Retirement Party for Air Force Veteran Chad Trujillo. The party was a big success.

We are off to a great start at 66% for our renewal rate for the 2023-2024 Legion Year. This is the top in District 5. We are going to keep at it and finish number 1. Remember it is not how you start it is how you finish. Which is under the current goal of 100% at this time in the Legion Year. If you have not sent in your dues (\$45) yet, please get it to the Post in order to avoid any lapse in membership in the organization that's the biggest advocate for Veteran Rights and Benefits in the US. That fight for Veteran's benefits has not stopped during the past year and we need your help to continue the Legion's advocacy for you and every Veteran who has ever honorably served in the US Armed Forces.

On another note the pull tabs and slot machines have been doing very well. This past month we had one person hit the Jackpot for the slot machines! Not bad at all! Please continue to play and please play responsibly. On September 10, 2023 the SAL is hosting the Opening of the NFL Season with a Party that starts at 1:00PM to watch the Arizona at Washington game. Hamburgers and Hot Dogs will be served. On September 12, 2023 the Post will have a Business Meeting from 6:30PM to 7:30PM. All Post Members are welcome to attend. On September 23, 2023 the SAL is going to be having a Crab feast. Tickets can be bought at the Post. The cost of the tickets are \$55.00 for the Crabfeast and \$25.00 if you are having no Crabs. On October 28, 2023 the Post

will be hosting an Early Bird Picnic. The picnic starts at 1:00PM and ends at 5:00PM. Hamburgers, Hot Dogs, Salads and Vegetables will be served.

I am very happy that we are off to a good start this Legion Year and am looking forward to the rest of the year.

Yours In Service,  
Patrick Cuff  
Post 268 Commander

**~ CHAPLAIN~**

*For those members departed which we do not know about, may their souls, and all the souls of the Faithful  
Departed through the Mercy of God, rest in eternal peace.*

*Pray for all who are on sick call and who need our prayers.*

**IN MEMORIAM**

*In Memory of "Judge" & Pat McCaw~  
By The McCaw Family (3/25)*

**IN MEMORIAM**

*In Memory of Joe Storer  
By the Storer Family (09/23)*

*In Memory of "Blackie" and Vonda Sarkisian  
By the Sarkisian Family (6/25)*

*In Memory of Edward & Sheila Beall J. Shaw  
By Mack E. Beall*

*In Memory of Mason "Mad dog" Wager  
By sister Kaye (03/32)*

*In Memory of Dennis Lee Krisko  
By The Krisko Family (12/23)*

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*If anyone knows of any members who have passed away, please contact the Adjutant –  
E-mail address is [adjutant@alpost268.org](mailto:adjutant@alpost268.org) and: [lindasarkisian@yahoo.com](mailto:lindasarkisian@yahoo.com).*

**Take the Time**

Take the time, enjoy a sunrise:  
Pink clouds brightening the sky,  
Fragrance from a lovely garden  
Where the roses please the eye.  
Take the time, enjoy all Nature –  
It is always worth your while.  
You'll be grateful for the beauty  
That will cause your heart to smile

That the time to show a kindness --  
Just a drop you give today  
Has a special kind of sweetening  
That can help in many ways.

There is magic in each droplet –  
You will know that this is true.  
For a portion of its magic  
Will return to sweeten you.

Take the time to travel slower,  
Enjoy each moment that you live,  
Then you'll really know the fullness  
Of the blessings God can give.

## **SONS OF THE AMERICAN LEGION**

Greetings to the Post and all of our esteemed members! We hope you've had a fantastic summer filled with wonderful moments and great memories. As the leaves begin to change and the air becomes crisper, we eagerly look forward to the joys that fall brings (yes – football!). There's a lot in store for the upcoming months, and we're thrilled to share some exciting events with you.

### **Upcoming Events**

1. **SAL BBQ - Sunday, September 10th, 1 - 4pm** Join us for a delightful BBQ event on September 10th. We'll be firing up the grill for some mouthwatering treats while we enjoy the Washington football game together. Your presence is the spice of our gatherings, and your donations are invaluable in supporting our initiatives.
2. **Crab Feast - Saturday, September 23rd, 4 - 7pm** Get ready for a delectable seafood experience at our Crab Feast! For just \$55 a ticket, you can indulge in the finest freshly steamed crabs, corn on the cob, many awesome and homemade sides and enjoy a memorable evening. Tickets are selling quickly, so don't miss out! Non-crab enthusiasts can join the feast for \$25, and kids 12 and under accompanied by a paying adult can join for free. **Alan Faulk** will make the night even more special with his famous Karaoke upstairs after the feast. (Scan the QR code below to use the online payment method or buy your tickets from the bartender.)
3. **Early Bird Dues for 2024** Secure your free entry to the Early Bird picnic and BBQ on Saturday, October 28th, by submitting your Early Bird dues for 2024. Approach **Brian Vess** or myself to make your payment and secure your spot at this exciting event.
4. **SAL Dinners and Brunches** Our famous SAL dinners are back! On September 8th, we'll be serving up a delectable homemade meatloaf dinner with all the fixings for just \$14. Additionally, our SAL brunches are starting up again, typically on the 1st and 3rd Saturdays of the month (September brunches will be on the 9th and 30th). **Live Music and Support** Every Friday night after Labor Day, live music returns to our venue! Check our Facebook page and the bar for the list of upcoming bands. We're thrilled to have the beats and melodies back to entertain you.

As always, we kindly ask for your generous support in all our events. The funds we raise go directly towards aiding our Veterans and their families through various programs. Your contribution makes a significant difference, and we deeply appreciate your continued dedication.

**About Sons of The American Legion** Founded in 1932, the Sons of The American Legion is here to honor the service and sacrifice of Legionnaires. We are united in our commitment to supporting veterans and their families, upholding the values that our nation strong.

Thank you for being a valued member of our SAL community. We look forward to seeing everyone at our upcoming events and continuing our mission of service and camaraderie.

Warm regards,      Clint Sandford      S.A.L. Commander

## WHEATON UNIT 268

As you know, September starts off with the Labor Day Holiday. Did you know Oregon was the first state to declare Labor Day as an official Holiday in 1887. The first season NFL game kicks off the first Thursday after Labor Day. So come watch your favorite football team at the post and have a drink. September also is the start of the new school year. The Unit will be collecting school supplies for low-income families in our community year-round. A box will be placed in the pool room for them. Dinners are coming back in September, so check your calendars for the dates and come support us.

We will be having a Unit executive meeting on September 13<sup>th</sup> at 6:00 pm. Our first meeting will be held on September 20, 2023 at 6:00, so please come. Bring your favorite dish for all to enjoy. Meeting will begin at 6:30. We will have a lot to discuss.

Do not forget to come to the Units game night every second Thursday of the month. It starts at 6:00 Pm and pizza is served. Come out and join in the fun.

One of our new projects this is to help "Weller Road Elementary School. We have already donated school supplies and backpacks, food items and personal care (toothpaste, toothbrushes, etc.) for classrooms and students. We will be collecting items all year. There is a box at the Post in the pool room. Please donate items throughout the year, we are helping many children. Please contact Chairman, Geneva Foster @ 301/335-6784 with questions.

Early Bird picnic is October 28<sup>th</sup> 2:00 till 6:00, so please get your dues paid early so you can eat for free. All others pay \$6.00. Send dues to Linda Sarkisian at 3117 Farnborough Ct Silver Spring Md 20906. They are \$40.00. Our early bird theme is: "Country/Western"!! Best Country costume and best Western costume wins Gift Certificates. We will also have a bake sale and a Western style small table that will be filled with all kinds of items. We are not pricing the items; we will be asking for you to donate for each item you take! Different, Right!!!

On October 21<sup>st</sup> the Unit will be having a Halloween Party for our children and youth event from 2-5 pm. This year our theme is Scarecrows. We will have games, a Pinata, food and a costume parade. Please sign the signup sheet on the Auxiliary bulletin board or rsvp to Jane Martin at 301-351-8691. Hope to see you there. It will be a fun time.

Make a Difference Day is October 28<sup>th</sup>. As you know, we always take cookies, brownies, fruit, etc. to our rescue Squads, Police Stations, Fire Houses, Park Police, etc. We deliver to seven different locations. We ask for donations to be brought to the early bird picnic. We will deliver them that evening or the next day. This is an incredibly special way for us to say "THANK YOU" to those very important public workers and volunteers!! Please contact Linda Sarkisian @ 301/602-5276 with questions. Hope to see everyone at the post.

Jane Martin     Auxiliary President

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### 268 Over-the-Hill Bootcamp

*AWRIGHT, YOU MAGGOTS...Oops, wrong group.*

*Hey good folks of the veteran's community, are you feeling weak, tired, and run down? Do you lack the energy to do what needs to be done? Are you stiff and sore from doing chores? If so, sign up for our FREE weekly remedial exercise class starting in October in the Post Hall. Our 1st Vice Commander, Russ Wood, a black belt martial artist, will lead a group in a variety of low-impact exercises borrowed from various disciplines and tailored to the needs of older people. This WILL NOT be an aerobics class. Emphasis will be placed on mobility and balance, improved circulation, and range of motion. You will learn some Tai Chi, some easy yoga and club swinging, and do some light calisthenics.*

*The day and time will be determined by consensus of the group. Depending on the range of ability of participants, it may be divided into two groups, and may meet more than once a week.*

*The class is open to all members and family of all local posts, both Legion and VFW. Others will be welcome as space permits. For more information or to sign up, contact:*

Russ Wood

[rwwood@umd.edu](mailto:rwwood@umd.edu)

301-523-5153 (Cell)

# SEPTEMBER 2023

|                                                                                              | Monday                                                                                          | Tuesday                                                           | Wednesday                        | Thursday                                                                                | Friday                                                                                            | Saturday                                                                                 |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
|                                                                                              |                                                                                                 |                                                                   |                                  |                                                                                         | 1                                                                                                 | 2                                                                                        |
| 3<br><br>EASY EXERCISE CLASS<br>RUSSELL WOOD<br>7:00<br>DEVLIN HALL                          | 4<br><br>POOL<br><br>LABOR DAY                                                                  | 5<br><br>Open 2:00<br>till 8:00                                   | 6<br><br>SAL<br>MEETING<br>7:00  | 7<br><br>EASY EXERCISE CLASS<br>RUSSELL WOOD<br>700<br>DEVLIN HALL                      | 8 SAL Dinner<br>Homemade Meatloaf<br>\$14.00<br><br>"BEYOND THE BLUES"<br>8:00-11:00              | 9 SAL<br>BREAKFAST<br>10:00 TILL 12:00<br><br>Karaoke w/<br>Alan Faulk<br><br>7:00-11:00 |
| 10 SAL BBQ<br>1:00 to 4:00<br><br>EASY EXERCISE CLASS<br>RUSSELL WOOD<br>7:00<br>DEVLIN HALL | 11 POOL<br>UNIT DINNER<br>SPAGHETTI<br>\$9.00<br>5:30-8:00<br>Patriot Day                       | 12 POST<br>Business Meeting<br>6:30<br><br>Open 2:00<br>till 8:00 | 13<br>Unit Exec.<br>Meeting 6:30 | 14 AUX.<br>Game night<br>6:00 with Pizza<br>EASY EXERCISE CLASS<br>RUSSELL WOOD<br>7:00 | 15 No Dinner<br><br>"TOSSING AND TURNING"<br>7:30-10:30                                           | 16<br><br>Rosh Hashanah                                                                  |
| 17<br>EASY EXERCISE CLASS<br>RUSSELL WOOD<br>7:00<br>Open 12-10pm                            | 18<br><br>POOL                                                                                  | 19<br><br>Open 2:00<br>Till 8:00<br><br>Open 2-8pm                | 20<br>Unit Business Meeting 6:00 | 21<br>EASY EXERCISE CLASS<br>RUSSELL WOOD 7:00                                          | 22 Post Dinner<br>TBA<br><br>"ILLY AIMY"<br>7:30-10:30                                            | 23 SAL<br>CRAB FEAST<br><br>Karaoke w/<br>Alan Faulk<br>7:00-11:00                       |
| 24<br>EASY EXERCISE CLASS<br>RUSSELL WOOD<br>7:00<br><br>Open 12-10PM                        | 25<br>POOL UNIT DINNER<br>SPANISH CHICKEN \$9.00<br>5:30-8:00<br><br>Open 4Pm<br><br>Yom Kippur | 26<br><br>Open 2:00<br>Till 8:00<br><br>Open 2-8pm                | 27<br><br>Open 1-8pm             | 28<br>EASY EXERCISE CLASS<br>RUSSELL WOOD<br>7:00<br><br>Open 1-10pm                    | 29 Unit Dinner<br>Pork Loin<br>\$14.00<br><br>"THE SWANGERS"<br>7:30-10:30<br><br>Open 1:00-12:00 | 30 SAL<br>BREAKFAST<br>10:00 TILL 12:00                                                  |

**PLEASE SUPPORT:**

***"THE QUEEN VIC" RYAN GORDON (OWNER/CHIEF) (MEMBER OF POST 268)***

***1206 H STREET N.E. WASHINGTON, D.C. [www.thequeenvicdc.com](http://www.thequeenvicdc.com) [ryan@thequeenvicdc.com](mailto:ryan@thequeenvicdc.com)***

***703/869-0081 (Cell)***

***202/396-2001ryan@thequeenvicdc***

*Ryan will be donating the picnic style food for the Early Bird celebration on October 28<sup>th</sup>.  
Time: 2:00 till 6:00. Everyone Welcome, Early Birders (those who have paid their 2024 dues)  
free and all others pay \$6.00. Country/Western Theme-Prizes for best costumes!!!!!!*

# OCTOBER 2023

| Sunday                                                                 | Monday                                                                                                         | Tuesday                                       | Wednesday                              | Thursday                                                                                             | Friday                                                                                 | Saturday                                                                                                   |
|------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| 1<br>EASY EXERCISE<br>CLASS RUSSELL<br>WOOD<br>7:00                    | 2<br><br>POOL                                                                                                  | 3                                             | 4<br><br>SAL<br>MEETING<br>7:00        | 5<br><br>EASY<br>EXERCISE<br>CLASS<br>RUSSELL<br>WOOD 7:00                                           | 6<br>SAL<br>Dinner<br>Homemade<br>Lasagna<br>\$14.00<br>SR3<br>8:00-11:00              | 7<br><br>SAL<br>BREAKFAST<br>10:00 TILL 12:00                                                              |
| 8<br>EASY EXERCISE<br>CLASS RUSSELL<br>WOOD<br>7:00                    | 9<br>POOL<br>UNIT DINNER<br>CORN BEEF<br>AND OTHERS<br>SANDWICH<br>WITH<br>FRENCH<br>FRIES \$9.00<br>5:30-8:00 | 10<br><br>POST<br>Business<br>Meeting<br>6:30 | 11                                     | 12 Aux.<br>Game Night<br>with Pizza<br>6:00<br><br>EASY<br>EXERCISE<br>CLASS<br>RUSSELL<br>WOOD 7:00 | 13 Unit Dinner<br><br>Baked Chicken<br>\$14.00<br><br>THE SIX<br>8:00-11:00            | 14<br><br>Karaoke w/<br>Alan Faulk<br><br>7:00-11:00                                                       |
| 15<br>EASY EXERCISE<br>CLASS RUSSELL<br>WOOD<br>7:00                   | 16<br><br>POOL                                                                                                 | 17                                            | 18<br>Unit Business<br>Meeting<br>6:00 | 19<br><br>EASY<br>EXERCISE<br>CLASS<br>RUSSELL<br>WOOD 7:00                                          | 20 No Dinner<br><br>THE 9.1.3<br>8:00-11:00                                            | 21<br>SAL<br>BREAKFAST<br>10:00 TILL 12:00<br><br>CHILDRENS<br>HALLOWEN PARTY<br>2:00-5:00                 |
| 22<br>EASY EXERCISE<br>CLASS RUSSELL<br>WOOD<br>7:00                   | 23<br>POOL<br>UNIT DINNER<br>PARMESAN<br>CHICKEN<br>\$9.00<br>5:30-8:00                                        | 24                                            | 25                                     | 26<br>EASY<br>EXERCISE<br>CLASS<br>RUSSELL<br>WOOD 7:00                                              | 27 Post Dinner<br>TBD<br>5:30<br><br>JOEY DICEY &<br>THE HIGH<br>ROLLERS<br>8:00-11:00 | 28<br>EARLYBIRD PICNIC<br>2:00 TILL 6:00<br>Everyone Welcome<br>Free to Early Birders/<br>\$6.00 to others |
| 29<br>EASY EXERCISE<br>CLASS RUSSELL<br>WOOD<br>7:00<br><br>OPEN 12-10 | 30<br>POOL<br><br>Open 4-11                                                                                    | 31<br>HALLOWEEN<br><br>Open 2-8pm             | <br><br>Open 1-8pm                     | <br><br>Open 1-10pm                                                                                  | <br><br>Open 12pm-12am                                                                 |                                                                                                            |

*Please support your Post by coming to the Post!! The Post, SAL, and Unit members work hard on preparing the breakfast and dinners. Also, there are sandwiches: hot dogs, hamburgers, pork BBQ at the bar!! We need you!! Did you know that there are history books from many of the previous years? The Units are in the lounge and the Post are in the back room. So, have a drink, sit down with one of the books and enjoy looking back at the history of our: "AMERICAN LEGION"!! Linda Sarkisian 301/602-5276 (Please contact me with questions and/or suggestions!!)*

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**BOOSTERS**

Support Post 268 by being a Booster! For \$10, Boosters' names will be published in six bulletins. For \$20, names will be published in twelve bulletins. Remember, there are six bulletins per year. For \$20, you will be a booster for two years!!! This opportunity is available to all Legion, Unit and S.A.L. Members and to all guests of the Post. Please renew your listing by the 15<sup>th</sup> of the month prior to its expiration. To become a Booster or to renew your listing, see our Adjutant. Our “In Memory Of--” section works the same way. Thank you for your support.

**AMERICAN LEGION POST 268 BOOSTERS**

**Expires Jan 2024**

**Helen Storer**

**Expires March 2032**

**Bob & Gail McGuire**

**Expires October 2026**

**Ed DiRaimo**

**Expires July 2025**

**Geneva Foster**

**Expires May 2024**

**Pat & John Krisko, 111  
Dennis Krisko & Selva Karslo  
Matt Lynott & Darlene**

**Expires July 2032  
Sherman & Eva Wong**

**Expires March 2025**

**Mack E. Beal  
Anne Jarrett**

**Expires September 2023**

**Stephen & Wanda DeMint**

**Expires May 2032**

**Brian K. Vess**

**Expires November 2025**

**Ed & Veronica McCaw**

**Expires May 2025**

**Laurence Olson**

**PLEASE SUPPORT POST**  
**268 -- --BE A BOOSTER**

